

CUBAN CASCARA PATTERN - PT. 1

This particular Cuban groove is made up of 3 separate parts: the foot ostinato, the Son Clavé, and the Cascara bell pattern. These are then played in conjunction with one another to create the full version.

Take your time learning each part, then gradually work your way to combine them.

CUBAN FOOT OSTINATO

Ex. 1 STANDARD VERSION

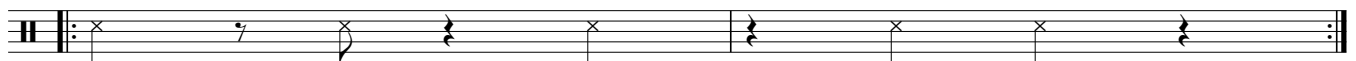


Ex. 2 ADVANCED VERSION:



THE SON CLAVE

Ex. 3 3:2 SON CLAVE



Ex. 4 + FOOT OSTINATO



CUBAN CASCARA PATTERN - PT. 2

THE CASCARA PATTERN

BELL PATTERN:

Ex. 5



+ FOOT OSTINATO:

Ex. 6



+ SON CLAVE:

Ex. 7



FULL GROOVE

Ex. 8

