

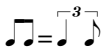
JAMIE JOINER

WWW.JAMIEJOINER.CO.UK

REGGAE - ROCKERS

The **Rockers** groove is a little more contemporary and can feel more like a standard groove. In this case, the kick drum will be on beat 1 and 3.

Practice these with **rim clicks** and with regular snare strokes. You should also practice them **straight** and **swung** separately.



Ex. 1

1 a 2 a 3 a 4 a

Ex. 2

Ex. 3

Ex. 4

Ex. 5

1 & a

3

Ex. 6

Ex. 7

Ex. 8

The following groove is felt over a 2-bar phrase (sounds best when played swung):

Ex. 9

1 & a

3