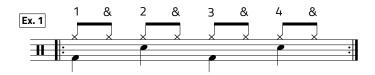
JAMIE JOINER

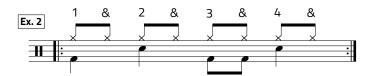
WWW.JAMIEJOINER.CO.UK

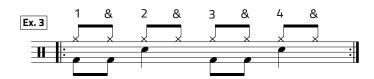
ESSENTIAL EIGHTH NOTE GROOVES

The following grooves are a selection of the basics: **paired voices, split voices** and grooves that **contain rests**. You should definitely feel comfortable playing these grooves before moving on to the next stage.

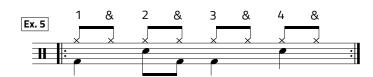
Aim to get them all comfortable at **90bpm**.

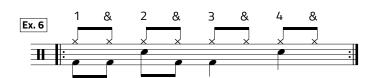




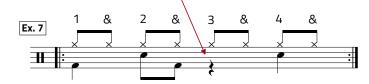


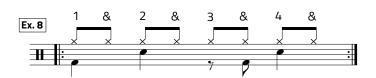




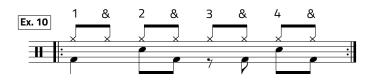


Watch out for this quarter note rest









Here we have 2 drums on the same beat with the hi-hat. Both **note heads** share the same **stem**:

