

ANTICIPATION FILLS - QUARTER NOTE GROOVES

Sometimes, it's helpful to give a further indicator to the band that the next fill or section of a song is coming up. You can do this simply by changing your groove in anticipation of the fill you are going to play in the final bar.

To get the best out of these exercises, aim to play them at a fairly quick tempo. For each example, you can use whatever quarter note groove you'd like for the first 3 bars:

GROOVE-BASED VARIATIONS:

Ex. 1



Ex. 2



Ex. 3



CRASH-BASED VARIATIONS:

Ex. 4



Ex. 5



Ex. 6



TOM-BASED VARIATIONS:

Ex. 7

Ex. 8

Ex. 9

Base your fills around these hits



YOUR OWN VARIATIONS:

Ex. 10

Ex. 11

Ex. 12