

## RUDIMENTS INTRODUCTION: SINGLE PARADIDDLES

A **single paradiddle** is a combination of single and double strokes. By learning this rudiment you will not only strengthen your ability to play your single and double strokes, but you will also unlock new sticking combinations.

Single paradiddles alternate between playing **right, left, right, right** and **left, right, left, left**. Notice how a paradiddle starts with **single strokes** (right, left) and is followed by **double strokes** (right, right). After you've played one paradiddle, the sticking 'flips' to lead with the opposite hand.

Single paradiddle in **8th notes**:

Ex. 1 R L R R L R L L R L R R L R L L

Single paradiddle in **16th notes**:

Ex. 2 R L R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L

To help with our sense of **pulse**, we can use the **bass drum** and **stepped hi-hat** to help:

Ex. 3 R L R R L R L L R L R R L R L L R R L R L L

Ex. 4 R L R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L

Now the final step is to **orchestrate** it around the drum kit (move it to different drums):

Ex. 5 R L R R L R L L R L R R L R L L R R L R L L

Ex. 6 R L R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L